



The BUZZ

Catch up, Connect, and Celebrate



EVE Estuary HUB has been absolutely buzzing this Spring! With a packed calendar of events and activities, there's been no shortage of fun. Turn the page to see all the highlights from the season!



About Us

EVE Estuary HUB is a service within EVE, built on hope, choice, partnership, and empowerment. At the heart of the HUB is our person-centred approach, tailored to individual needs and focused on each person's strengths, abilities, and potential. Through active community engagement, we support individuals to achieve their goals in education, employment, community life, and health and well-being.



(01) 8405459
(087) 0942299



Mon-Thurs: 9.00am - 4.30pm
Fri: 9.00am - 3.30pm



HSE EVE Estuary Centre
Lissenhall, Swords
Co. Dublin
K67 FY05



BUZZ Worthy News

Road To Ireland Games



Our athletes were celebrated at the *Road to Ireland Games: Fingal Send-Off*, a special reception hosted by the Mayor of Fingal. Congratulations to our seven amazing athletes: Tom, Pauline, Maria, Matthew, Leon, Paula, and Derek! Your dedication and hard work have truly paid off, and we know you'll represent Team Eastern with pride. Best of luck on the road to the Ireland Games — we'll be cheering you on every step of the way!

“ I'm really proud at how far we've come and I'm excited to give it everything at the Ireland Games. - Leon

Daily Swaps Challenge Champions



EVE Estuary HUB is thrilled to announce that we've won the **Best Collaboration Award** in this year's *An Taisce Green-Schools Daily Swaps Challenge*, along with a €200 prize! From 9th-13th March, we embraced simple sustainable swaps — from being “Light Detectives” and “Binfluencers” to reducing water and energy use — with even The Zero Hero getting involved to inspire everyone. Our entry was recognised for its inclusive and creative approach, showing how small actions can grow into real impact. A sincere thank you to the Green-Schools team for their support, activities, and challenges that keep us motivated throughout the year.

Scan the QR code to see how The Zero Hero embraced the Daily Swaps Challenge!



BUZZed & Busy

It's been a busy season, with opportunities for employment, learning, and developing new skills, along with lots of other experiences both in and out of the HUB. Here's a look at what's been keeping us buzzed and busy this spring.



At The Carwash

Chris has been doing an amazing job at the Applegreen Car Wash — he's so good that even our friends at EVE Plantmarket Green Hub brought their car in recently. Keep it up, Chris!



Stepping Into New Opportunities

Stephen and Claire have started their 8-week work placements — Claire at Café Neo in Swords Business Campus and Stephen at XL Castlelands Store in Balbriggan. We're incredibly proud of them as they build their skills and gain valuable experience!



'Something' Is Brewing'

As we prepare for the opening of the WOW Café, the WOW team completed Barista Training through *The WorkAbility Programme*. A big thank you to trainers Sophie and Adam — the countdown to WOW Café is on and the coffee is on point!



Celebrating Our Level 2 Stars

Huge congratulations to Stephen, Chris, Pauline and Therese on achieving their Level 2 award in *Personal Decision-Making*. A big thank you to Dublin and Dún Laoghaire ETB, and to Mary and Noreen for their support. We're incredibly proud of you all!



Shamrockin' All Over the World

Michael celebrated St. Patrick's Day in New Jersey, while David joined his local parade with Tidy Towns. We hope you had a fantastic St. Patrick's Day, wherever you were celebrating!

Events BUZZ



Springtime brought a fresh sense of energy with a wonderful mix of events and experiences throughout the season. Here's a look back at some of the highlights that made the past few months so memorable.

An Audience With Izzy Atkinson



EVE Estuary HUB celebrated International Women's Day this year with a very special Connect Café - "An Audience with Izzy Atkinson."

Izzy joined presenter Rachel for an engaging Q&A, sharing her inspiring journey in professional football. She also spent time meeting attendees, signing autographs, and creating memorable moments for all. Thank you, Izzy, for sharing your story and inspiring us all — we look forward to welcoming you back soon.

Championing Inclusive Health Together

We were delighted to welcome an international delegation of senior leaders from the *Golisano Foundation* and *Special Olympics* to EVE Estuary HUB during their recent visit to Ireland, part of a wider programme showcasing Special Olympics and the partnerships supporting inclusive health for people with intellectual disabilities.



It was a pleasure to host the group at EVE Estuary HUB to share the work being done to support the health and wellbeing of our service user community and Special Olympic athletes. A big thank you to *Oisín*, Director of Sport, and *Kathy*, Health and Wellbeing Lead with *Special Olympics Ireland*, for organising and leading the visit.



The celebrations continued with an amazing performance from the *National Ambulance Service Pipes and Drums Band*, and a special appearance by *Noel the Irish Wolfhound* from the *Irish Wolfhound Association of Ireland*, bringing smiles to all.

Guest Speaker Spotlight

Over the spring, we were delighted to host guest speakers at EVE Estuary HUB. *Ruth Bannon*, Programme Development Manager with *Fingal Volunteer Centre*, spoke about volunteering opportunities and how to get involved. We also welcomed *Karl Spain* from *Mental Health Ireland*, who shared insights on positive mental health and efforts to reintroduce the Thrive programme in Swords. Thank you to Ruth and Karl for joining us — your visits were engaging, informative, and greatly appreciated.



Scan the QR code to see more on this fantastic event!



BUZZ About Town

There's been a real buzz this season, with plenty of social pop-ups helping bring ideas to life and create some great experiences together. Here's a look at what we've been up to this spring.



Thrill Seekers

The past few months have been full of excitement and adventure, with memorable pop-up trips to both Funderland and Emerald Park. These outings brought great energy and plenty of fun experiences. From thrilling rides to shared laughter, it's been a vibrant and action-packed season for everyone involved.



Thriving

We were delighted to attend the first Connect Café, organised by Thrive Swords in collaboration with *Mental Health Ireland*. It was a brilliant first event with a great turnout and a real sense of energy and connection. We met so many local groups and representatives, highlighting a strong appetite for community in Swords. We're excited to be part of what's ahead.

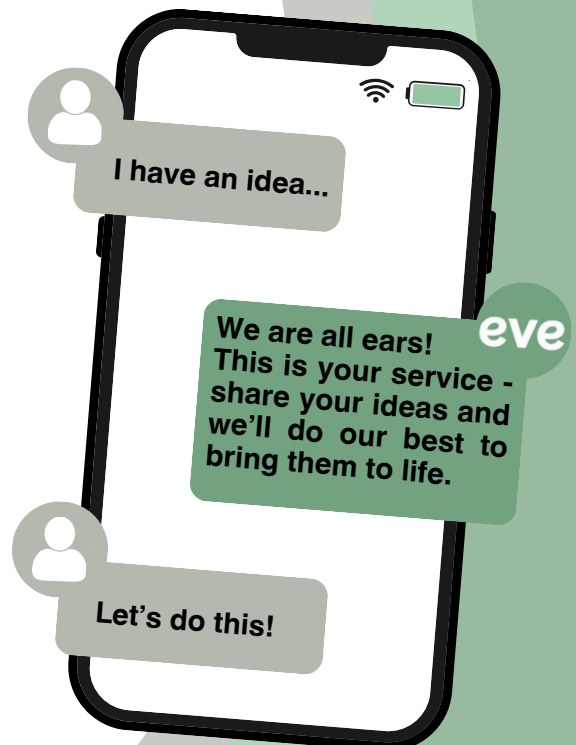
Mindful Moments

A huge thank you to Applewood Community Centre for welcoming us in March for a beautiful mindful moment of chair yoga and sound bath with Enda in celebration of International Women's Day. We left feeling relaxed, refreshed, and uplifted, each with a lovely pink rose—a gentle reminder to pause, be kind to ourselves, and make space for rest and wellbeing in our daily lives.



And That Wasn't All...

We also enjoyed a sweet afternoon tea at City North Hotel, took a trip into Dublin city to *The Little Museum of Ireland* and even paid a visit to Phil Lynott while we were there. We had a ball at the Special Olympics Bocce Service Day, and not forgetting our Valentine's, St. Patrick's and Easter celebrations — a spring full of connection, community, and great memories all round.



We are all ears! **eve**
This is your service - share your ideas and we'll do our best to bring them to life.