

WHATS
INSIDE?

THE BUZZ

THE SUMMER OF '21

COVID-19 UPDATES

ACTIVITIES

NEWS & EVENTS

AND MUCH MORE!



THIS SUMMER WE MADE THE MOST OF THE BEAUTIFUL SUNSHINE AND SPENT AS MUCH TIME AS POSSIBLE OUTDOORS SO WE DECIDED TO GIVE OUR GARDEN AREA A LITTLE MAKEOVER...

[READ MORE ABOUT OUR GARDEN MAKEOVER ON PAGE 2...](#)

HSE EVE ESTUARY CENTRE IS A PROGRAMME FOR PEOPLE WITH INTELLECTUAL DISABILITIES THAT OFFERS HOPE, CHOICE, PARTNERSHIP AND A VOICE. A COMMUNITY ENGAGEMENT PROGRAMME THAT SUPPORTS INDIVIDUALS WITH INTELLECTUAL DISABILITIES TO ACHIEVE THEIR UNIQUE GOALS IN RELATION TO EDUCATION, EMPLOYMENT, COMMUNITY AND HEALTH AND WELL-BEING. OUR PROGRAMME IS DYNAMIC AND TAILORED TO MEET AN INDIVIDUALS NEEDS AND IS INFORMED BY THE BELIEF IN THE POTENTIAL OF EVERY INDIVIDUAL TO GROW FOCUSING ON THE PERSONS STRENGTHS AND ABILITIES.

COVID-19 UPDATE!

HSE-EVE ESTUARY CENTRE CONTINUE TO PROVIDE A BLENDED STYLE OF SERVICE, OFFERING PROGRAMMES AND SUPPORTS THROUGH A TIMETABLE OF ACTIVITIES ONSITE, IN THE COMMUNITY AND ONLINE TO FACILITATE ACCESS TO OUR PROGRAMMES REMOTELY.

ALL SERVICE USERS ATTENDING ONSITE ACTIVITIES ARE DONE ON APPOINTMENT BASIS ONLY AND FOR A MAXIMUM OF THREE HOURS.

WE ASK EVERYONE COMPLETES A WELLNESS CHECK ON ARRIVAL INCLUDING TEMPERATURE CHECKS.

WE ARE STILL IMPLEMENTING STRICT POLICIES AND PROCEDURES TO ENSURE THE SAFETY OF ALL OUR SERVICE USERS AND STAFF. WE IMPLEMENT SOCIAL DISTANCING, HAND WASHING AND SANITISING AND WEAR FACE MASKS AT ALL TIMES.

FOOD AND DRINKS ARE NOW PERMITTED ON SITE AND ANYONE ATTENDING CAN BRING IN A PACKED LUNCH WHICH WILL BE CONSUMED DURING THE LAST 30 MINUTES.

THE SAFETY OF OUR SERVICE USERS AND STAFF IS OUR NUMBER ONE PRIORITY AND WE WOULD LIKE TO THANK EVERYONE FOR THEIR CONTINUED SUPPORT AND COOPERATION.

HELLO SUMMER!

WE ARE DELIGHTED TO INTRODUCE THE SUMMER EDITION OF OUR NEWSLETTER 'THE BUZZ'. IN THIS EDITION FIND OUT WHAT'S BEEN GOING ON IN ESTUARY CENTRE THIS SUMMER, KEEP UP TO DATE WITH ANY COVID-19 CHANGES TO OUR SERVICE AND SEE WHAT SOME OF US HAVE BEEN UP TO OVER THE PAST FEW MONTHS. WE HOPE YOU ENJOY THE READ!

'NEWS!'



GOOD LUCK CRAIG!

CRAIGS NEW JOB!

OVER THE SUMMER CRAIG GOT HIMSELF A NEW JOB IN SWORDS CELTIC FOOTBALL CLUB. CRAIG LOVES TO KEEP BUSY AND IS ALWAYS THERE TO LEND A HAND IN ESTUARY CENTRE SO WE HAVE NO DOUBT HE WILL BE A GREAT ASSET TO SWORDS CELTIC. FROM EVERYONE IN ESTUARY CENTRE WE WOULD LIKE TO WISH CRAIG THE VERY BEST OF LUCK!

“ I AM DELIGHTED WITH MY NEW JOB AND AM REALLY LOOKING FORWARD TO MEETING NEW PEOPLE AND SOME LEARNING NEW SKILLS. - CRAIG

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 MON-THURS: 9.00AM - 4.30PM
FRI: 9.00AM - 3.30PM

CONTACT US!

SNAP

YOURSELF!



RUSH TIDY TOWNS

SEND US YOUR PHOTOS OR SELFIES OF WHAT YOU HAVE BEEN GETTING UP TO AT HOME. CHECK OUT DAVID HELPING RUSH TIDY TOWNS REVAMP SOME OF THE TOWN BENCHES. WELL DONE DAVID! PLEASE BE AWARE ANY PHOTOS SENT MAY BE SHARED ON OUR SOCIAL MEDIA OR FUTURE NEWSLETTERS.

SEND US YOUR PHOTOS ON FACEBOOK MESSANGER 'HSE EVE ESTUARY CENTRE' OR EMAIL ESTUARY.CENTRE@HSE.IE

CYBER ATTACK!

IT FEELS LIKE FOR THE PAST FEW WEEKS WE WERE LIVING IN A REAL LIFE SCIENCE FICTION MOVIE AND I'M SURE YOU HEARD ALL ABOUT THE HSE CYBER ATTACK ON THE NEWS WHICH EFFECTED ALL SERVICES THROUGHOUT THE HSE INCLUDING US! DURING THIS TIME WE WERE UNABLE TO DELIVER OUR ONLINE SESSIONS. AGAIN, WE APOLOGISE FOR ANY INCONVENIENCE CAUSED BUT ARE DELIGHTED TO ANNOUNCE THE RETURN OF OUR EGARLY AWAITED ONLINE ACTIVITIES. ALL PROGRAMMES WILL RETURN AS NORMAL INCLUDING ART, COOKERY, MEN'S GROUP, SOCIAL CLUB AND FITNESS FUN! KEEP AN EYE ON OUR SOCIAL MEDIA ACCOUNTS FOR TIPS AND ANY FURTHER UPDATES!



ANTONY 'AGASSI'

TENNIS!

DURING LEVEL 5 LOCK DOWN WE HAD TO GIVE UP OUR MUCH LOVED TENNIS ON A FRIDAY IN SWORDS TENNIS CLUB. WE WERE DELIGHTED THAT WE COULD CONTINUE WITH CERTAIN ASPECTS OF THE

GAME ONLINE WITH TENNIS IRELAND BUT AS MUCH AS WE ENJOYED IT NOTHING BEATS BEING ON THE COURT SO WHEN WE RECEIVED THE NEWS THAT SWORDS TENNIS CLUB WAS RE-OPENING THERE WAS GREAT EXCITEMENT.

WE WOULD LIKE TO SAY A HUGE THANK YOU TO JIM, TENNIS IRELAND AND SWORDS TENNIS CLUB FOR ALL THEIR EFFORTS AND SUPPORT OVER THE PAST MONTHS!



BEFORE

GARDENING!

OVER THE PAST FEW MONTHS OUR GARDEN AND HORTICULTURE AREA UNDERWENT A LITTLE MAKE-OVER. WE NOW HAVE TWO POLY-TUNNELS IN OPERATION WITH NEW VEGETABLE AND HERB BEDS PLANTED IN THEM THAT WE ARE LOOKING FORWARD TO SEE FLOURISH DURING THE SUMMER MONTHS SO THEY CAN BE PLANTED IN OUR ALLOTMENT IN MALAHIDE! WE ADDED NEW SUMMER FLOWER BEDS AND WINDOW BOXES TO THE OUTSIDE OF THE BUILDING TO BRIGHTEN UP THE AREA. WE ALSO REVAMPED AND PAINTED OUR SECRET GARDEN SEATING AREA SO PEOPLE CAN NOW ENJOY A PRIVATE SANCTUARY WHILST IN ESTUARY CENTRE. WARNING. TRESPASSERS WILL BE COMPOSTED!

WE ARE ALSO DELIGHTED TO ANNOUNCE THAT THE ART GROUP WILL BE GIVING US A 'DIG OUT' (PARDON THE PUN!) AND HELPING US TRANSFORM A SECTION OF OUR GARDEN WITH FUN AND EXCITING OUTDOOR ART PROJECTS... WATCH THIS SPACE!



UNDER CONSTRUCTION



AFTER

CENTRE STAGE NEWS!

WE ARE DELIGHTED TO ANNOUNCE THAT OUR WEEKLY NEWS PROGRAMME 'CENTRE STAGE NEWS' WILL BE RETURNING WITH A BRAND NEW NEWS TEAM WHO ARE READY TO BRING YOU ALL THE UPDATES AND ACTION FROM ESTUARY CENTRE. TUNE IN EVERY FRIDAY ON OUR FACEBOOK PAGE @EVEESTUARY AND DON'T FORGET TO GIVE US A THUMBS UP!



THE NEWS TEAM!

LIGHTS, CAMERA, ACTION!

IDEAS!

DO YOU HAVE IDEAS FOR NEW ACTIVITIES YOU WOULD LIKE TO SEE OR WOULD YOU LIKE TO DO SOMETHING IN PARTICULAR IN AN EXISTING SESSION SUCH AS ART OR COOKERY? JUST LET US KNOW AND WE WILL TRY OUR VERY BEST TO INCLUDE IT!

SPECIAL OLYMPICS VIRTUAL GAMES

WE WOULD LIKE TO CONGRATULATE DAVID ON RECEIVING HIS MEDAL FROM SPECIAL OLYMPICS IRELAND FOR PARTICIPATING IN THIS YEARS VIRTUAL GAMES.

“ IT WAS SO MUCH FUN, THANKS SO MUCH TO THE SPECIAL OLYMPICS IRELAND FOR PUTTING THE EVENT TOGETHER. - DAVID



GO DAVID!

COACH PATRICK!

MEET PATRICK! PATRICK STARTED HSE-EVE ESTUARY CENTRE AT THE START OF 2021. PATRICK IS A G.A.A SUPER-FAN AND IS ALREADY TALKING ABOUT HELPING TO START ESTUARY CENTRES FIRST EVER G.A.A TEAM WHICH WE ARE ALL REALLY EXCITED ABOUT!

PATRICK'S DREAM WAS TO ONE DAY BECOME A G.A.A COACH AND WE ARE SO PROUD THAT HE HAS MADE THAT DREAM A REALITY. PATRICK IS NOW HELPING AS A COACH WITH HIS LOCAL G.A.A CLUB IN PORTMARNOCK AND HAS ALSO HELPED OUT WITH THIS YEARS SUMMER CAMPS.



WATCH OUT JIM GAVIN!

“ IT'S BEEN A DREAM OF MINE SINCE I WAS SMALL TO BE A G.A.A COACH AND NOW MY DREAM HAS COME TRUE I'VE NEVER BEEN HAPPIER. - PATRICK

CHECK OUT OUR BLOG PAGE FOR MORE ON WHAT'S BEEN GOING ON IN ESTUARY CENTRE THIS SUMMER!

➡ EVEESTUARY.WPCOMSTAGING.COM

BIRTHDAYS!

WE WOULD LIKE TO WISH EVERYONE WHO HAS CELEBRATED A BIRTHDAY THIS SUMMER A VERY HAPPY BIRTHDAY. WE HOPE IT WAS A GREAT ONE!

“ DAY SERVICE UPDATE! ,

ADULT DISABILITY DAY SERVICES AND COVID-19. WHATS HAPPENING FROM JULY 2021?

- ALL SERVICE USERS THAT LIVE AT HOME WITH THEIR FAMILIES SHOULD BE GETTING SOME OF THEIR DAY SERVICE BACK IN THEIR DAY SERVICE BUILDING.
- IF YOU WERE GETTING 5 DAYS A WEEK OF YOUR DAY SERVICE BEFORE COVID-19, YOU SHOULD BE GETTING 3 DAYS A WEEK OF YOUR DAY SERVICE IN YOUR DAY SERVICE BUILDING AND SOME AT HOME.
- IF YOU GET DAY SERVICE SUPPORT AND RESIDENTIAL SUPPORT, SOME OF YOUR DAY SERVICE SHOULD BE IN YOUR DAY SERVICE BUILDING AGAIN.
- OVER THE NEXT WHILE, MORE AND MORE OF YOUR DAY SERVICE SUPPORT SHOULD HAPPEN IN YOUR DAY SERVICE BUILDING UNTIL ALL OF YOUR DAY SERVICE IS BACK IN THE DAY SERVICE BUILDING.
- THE SOCIAL DISTANCE WE NEED TO USE IN DAY SERVICES IS 1 METRE UNLESS YOUR MANAGER TELLS YOU SOMETHING DIFFERENT.
- IF YOU USE TRANSPORT FROM DISABILITY SERVICES TO GET TO YOUR DAY SERVICE, MORE PEOPLE ARE NOW ALLOWED BACK ON THE BUS AT THE SAME TIME. IF THE BUS SEATS 12 PEOPLE IT IS NOW OK FOR 9 PEOPLE ON THE BUS.
- 9 OUT OF 10 STAFF AND SERVICE USERS IN DAY SERVICES WILL HAVE THEIR VACCINE AT THE END OF JULY. THIS IS NEARLY EVERYONE AND IT MEANS THAT LOTS OF PEOPLE ARE NOW SAFE FROM COVID-19 AND SERVICES CAN OPEN UP MORE.
- THE HSE ARE GOING TO UPDATE THEIR ADVICE TO DAY SERVICES AGAIN IN AUGUST BECAUSE MORE PEOPLE WILL BE VACCINATED AND HOPEFULLY MORE SERVICES CAN BE PROVIDED.
- THE NEXT STOP WILL BE THAT PEOPLE CAN BE SUPPORTED TO RETURN TO THE COMMUNITY SERVICES THAT ARE OPEN AGAIN.

FOR FURTHER INFORMATION AND CONTACT DETAILS FOR ALL DAY SERVICE LOCATIONS YOU CAN LOOK AT THE NEW DIRECTIONS WEBSITE AT: