

# ESTUARY CENTRE ONLINE WEEKLY TIMETABLE



MONDAY

MONTHLY ROUND  
UP AT 11.30AM  
(LAST MONDAY OF  
EVERY MONTH)

THE BIG FAT  
QUIZ OF THE  
WEEK AT  
2.00PM

TUESDAY

B.I.N.G.O AT  
11.30AM

VIRTUAL TENNIS  
GROUP 1: 1.30PM  
GROUP 2: 2.30PM

WEDNESDAY

MEN'S GROUP  
AT 11.00AM

COOK-ALONG  
2.00PM

THURSDAY

ART GROUP  
AT 10.30AM

SOCIAL CLUB  
AT 2.00PM

FRIDAY

MR. MOTIVATOR EXERCISE  
SESSION AT 11.00AM

WEBEX | USE THE SAME EMAIL LINK FOR EVERY ACTIVITY 'ESTUARY DAILY SESSIONS'